

## Baby's Sleeping Position\*

*2020 Maine Pregnancy Risk Assessment Monitoring System Survey Results*

	Side				Back				Stomach			
Demographic Groups	%	CI			%	CI			%	CI		
<b>Total</b>	<b>4.2</b>	<b>2.8</b>	<b>-</b>	<b>6.2</b>	<b>90.0</b>	<b>87.2</b>	<b>-</b>	<b>92.2</b>	<b>3.5</b>	<b>2.3</b>	<b>-</b>	<b>5.2</b>

### Age

<20 years	#	#	-	#	99.1	93.6	-	99.9	#	#	-	#
20-24 years	#	#	-	#	82.1	71.8	-	89.2	#	#	-	#
25-34 years	#	#	-	#	91.8	88.4	-	94.2	#	#	-	#
35+ years	#	#	-	#	88.6	82.0	-	93.0	#	#	-	#

### Mother's Race

White	4.0	2.6	-	6.1	90.5	87.6	-	92.7	3.7	2.4	-	5.7
Black	#	#	-	#	78.7	58.9	-	90.5	#	#	-	#
Other	#	#	-	#	91.3	75.9	-	97.2	#	#	-	#

### Hispanic Origin

No	4.3	2.9	-	6.3	89.9	87.2	-	92.1	3.3	2.2	-	5.1
Yes	#	#	-	#	91.2	57.5	-	98.8	#	#	-	#

### Education

< High School	#	#	-	#	82.0	65.8	-	91.5	#	#	-	#
High School	#	#	-	#	89.6	83.1	-	93.8	#	#	-	#
> High School	3.2	1.9	-	5.5	90.9	87.7	-	93.3	3.6	2.2	-	5.7

### Marital Status

Married	4.2	2.6	-	6.8	91.0	87.6	-	93.5	3.7	2.2	-	6.1
Not Married	#	#	-	#	88.5	83.3	-	92.3	#	#	-	#

### Income

\$0 to \$16,000	#	#	-	#	82.7	70.2	-	90.6	#	#	-	#
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<b>\$16,001-\$28,000</b>	#	#	-	#	83.0	72.6	-	90.1	#	#	-	#
<b>\$28,001-\$60,000</b>	#	#	-	#	86.7	80.2	-	91.3	#	#	-	#
<b>More than \$60,000</b>	#	#	-	#	95.2	92.2	-	97.1	#	#	-	#

#### WIC After Pregnancy

<b>Yes</b>	5.1	2.7	-	9.5	85.7	79.8	-	90.1	3.6	1.7	-	7.4
<b>No</b>	3.5	2.0	-	5.8	92.3	89.3	-	94.6	3.4	2.0	-	5.7

#### Enrolled in MaineCare/Medicaid

<b>No</b>	3.7	2.2	-	6.3	91.9	88.6	-	94.2	3.4	2.0	-	5.7
<b>Yes</b>	5.0	2.7	-	8.9	86.8	81.5	-	90.8	3.6	1.8	-	7.0

#### Infant's birth weight

<b>&lt;2500 grams</b>	#	#	-	#	91.6	87.5	-	94.5	#	#	-	#
<b>2500 grams or more</b>	4.2	2.8	-	6.4	89.8	86.9	-	92.2	3.5	2.3	-	5.4

#### NOTES:

*\*Survey Question 63: In which one position do you most often lay your baby down to sleep now?*

Respondents who checked multiple sleeping positions are not included in table above. Subcounts may not sum to total due to missing data.

# There were fewer than 10 survey respondents to this question. Data may be unreliable for describing this group, therefore percent is not reported.

CI = 95% Confidence Interval

Maine Department of Health and Human Services  
Data, Research, and Vital Statistics